

# SOUTH KING COUNTY CHURCH/COMMUNITY MEALS/SHOWERS/LAUNDRY/MEDICAL

Revised 8/20/18

UPDATES: [fwccn.org](http://fwccn.org)

## MONDAY

### FREE MEALS

- **FIRST UNITED METHODIST CHURCH** - 100 N St. SE, Auburn - (253) 833-3470
  - MEAL: 4:30 PM – 5:30 PM
- **KENT LUTHERAN CHURCH** - 336 2<sup>nd</sup> Ave S., Kent - (253) 852-2057
  - MEAL: 5:00 PM – 6:00 PM
- **CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>th</sup> St., Federal Way
  - LUNCH BAGS: 11:00 AM -1:00 PM
- **CHRISTIAN FAITH CENTER** - 33645 20<sup>TH</sup> Ave S., Federal Way
  - MEAL: 5:30 PM – 6:30 PM

### FREE SHOWERS/LAUNDRY

- **FEDERAL WAY DAY CENTER** – 33505 13<sup>th</sup> Pl. S. ste D., Federal Way
  - 10:00 AM – 3:00 PM for adults

## TUESDAY

### FREE MEAL/SHOWERS

- **NEW HOPE CHRISTIAN FELLOWSHIP** – 31411 6<sup>th</sup> Ave S., Federal Way
  - SHOWERS: 10:00 AM MEAL: 11:00 AM
  - COMPUTER/PHONE ACCESS, COUNSELING AND MORE <http://nh-cf.org/>

### FREE URGENT MEDICAL CARE FOR THE UNINSURED

- **CHRIST COMMUNITY FREE CLINIC** – 1 A St. NW, Auburn - (253) 736-2634

### FREE SHOWERS/LAUNDRY

- **FEDERAL WAY DAY CENTER** – 33505 13<sup>th</sup> Pl. S. ste D., Federal Way
  - 10:00 AM – 3:00 PM for adults      4:00 PM – 7:00 PM for families with children

### FREE MEAL

- **CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>th</sup> St., Federal Way
  - LUNCH BAGS: 11:00 AM -1:00 PM
- **DES MOINES UNITED METHODIST CHURCH** – 22225 9<sup>th</sup> Ave S., Des Moines
  - **THIRD TUESDAY OF EACH MONTH:** 5:00 – 6:00 PM
- **COMMUNITY ENGAGEMENT CENTER –CCS KENT FAMILY CENTER** – 1229 W Smith St., Kent
  - MEAL: 1:00 PM – 4:00 PM

## WEDNESDAY

### FREE MEALS

- **SEVENTH DAY ADVENTIST** - 25213 116<sup>th</sup> Ave SE, Kent - (253) 852-3883
  - MEAL: 4:30 PM – 5:30 PM      email: [kentsda@comcast.com](mailto:kentsda@comcast.com)
- **CALVARY LUTHERAN CHURCH** - 2415 S. 320<sup>th</sup> St., Federal Way
  - LUNCH BAGS: 11:00 AM -1:00 PM

### FREE MEAL/LAUNDRY

- **NEW HOPE CHRISTIAN FELLOWSHIP** – 31411 6<sup>th</sup> Ave S., Federal Way
  - LIGHT LAUNDRY: 9:00 AM      MEAL: 11:00 AM
  - COMPUTER/PHONE ACCESS, COUNSELING AND MORE <http://nh-cf.org/>

### FREE MEAL/SHOWERS

- **TRINITY CHURCH** – 3807 Reith Rd., Kent - (253) 852-1044
  - SHOWERS START: 3:00 PM – 4:30 PM **ONLY 10 ALLOWED** (first come, first served)
  - HOT DINNER: 5:30 PM – 6:30 PM

# SOUTH KING COUNTY CHURCH/COMMUNITY MEALS/SHOWERS/LAUNDRY/MEDICAL

Revised 8/20/18  
UPDATES: fwccn.org

## WEDNESDAY

### FREE SHOWERS/LAUNDRY

- **FEDERAL WAY DAY CENTER** – 33505 13<sup>th</sup> Pl. S. ste D., Federal Way
  - 10:00 AM – 3:00 PM for adults

### FOOD BANK

- **MESSIAH LUTHERAN CHURCH** – 410 H Street, NE, Auburn OPEN 9:00 AM

## THURSDAY

### FREE MEALS

- **CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>th</sup> St. Federal Way
  - LUNCH BAGS: 11:00 AM -1:00 PM MEAL: 5:00 – 6:00 PM
- **WILLOWS PLACE at KENT LUTHERAN CHURCH** - 336 2<sup>nd</sup> Ave S. Kent - (253) 852-2057
  - SOUP: 4:20 PM DINNER: 5:00 PM
- **COMMUNITY ENGAGEMENT CENTER –CCS KENT FAMILY CENTER** – 1229 W Smith St. Kent
  - MEAL: 1:00 PM – 4:00 PM

### FREE SHOWERS/LAUNDRY

- **FEDERAL WAY DAY CENTER** – 33505 13<sup>th</sup> Pl. S. ste D., Federal Way
  - 10:00 AM – 3:00 PM for adults 4:00 PM – 7:00 PM for families with children

## FRIDAY

### FREE MEALS

- **CHRIST THE KING BIBLE FELLOWSHIP** – 35448 11<sup>th</sup> Ave SW, Federal Way - (253) 835-9209
  - DOORS OPEN: 5:30 PM MEAL SERVED: 6:00 PM <http://www.ckbf.org>
- **ZION LUTHERAN CHURCH** - 1305 17<sup>th</sup> St. SW, Auburn - (253) 833-5940
  - DINNER: 5:00 PM – 6:00 PM

### FREE SHOWERS/LAUNDRY

- **FEDERAL WAY DAY CENTER** – 33505 13<sup>th</sup> Pl. S. ste D., Federal Way
  - 10:00 AM – 3:00 PM for adults

## SATURDAY

### FREE MEALS

- **SEVENTH DAY ADVENTIST** - 25213 116<sup>th</sup> Ave SE, Kent - (253) 852-3883
  - MEAL: 4:30 – 5:30 PM
- **CHURCH OF THE GOOD SHEPHERD & ST. VINCENT DePAUL COMMUNITY MEAL** -
  - 345 S. 312<sup>th</sup> St., Federal Way - (253) 839-6100 MEAL: 1:30 – 2:30 PM

### FREE URGENT MEDICAL CARE FOR THE UNINSURED

- **CHRIST COMMUNITY FREE CLINIC** – 1 A St. NW, Auburn - (253) 736-2634
  - **FIRST & THIRD SATURDAYS** SIGN IN: begins at 8:00 AM
  - **TUESDAYS** SIGN IN: begins at 5:00 PM
  - DENTAL CARE: call for current schedule
- **CORNERSTONE MEDICAL SERVICES** - 1014 S. 320<sup>th</sup> St, Suite C, Federal Way - (253) 200-1988
  - **FIRST & THIRD SATURDAYS:** 9:00 AM – 1:00 PM

## SUNDAY

### FREE MEAL

- **MESSIAH LUTHERAN CHURCH** – 410 H Street, NE, Auburn – (253) 833-5280
  - MEAL: 1:00 PM – 2:00 PM **SECOND SUNDAY OF THE MONTH:** 2:00 PM – 3:00 PM
- **ONE HOPE FOURSQUARE CHURCH** – NE Corner of S. 272<sup>nd</sup> and Military Rd. S. - (253) 243-4688
  - **FOURTH SUNDAY OF THE MONTH ONLY:** 4:00 PM – 5:00 PM