

**SOUTH KING COUNTY
CHURCH/COMMUNITY MEALS/SHOWERS/LAUNDRY/MEDICAL**

Revised 08/08/19

UPDATES: fwccn.org

MONDAY

FREE MEALS

- * **FIRST UNITED METHODIST CHURCH** - 100 N. St., AUBURN – (253) 833-3470
 - o MEAL 4:30 – 5:30 PM
- * **KENT LUTHERAN CHURCH** - 336 2nd Ave S. Kent (253) 852-2057
 - o MEAL 5:00 – 6:00 PM
- * **CALVARY LUTHERAN CHURCH** – 2415 S. 320th St. Federal Way-
 - o LUNCH BAGS 11:00 AM - 1:00 PM
- * **CHRISTIAN FAITH CENTER** - 33645 20TH Ave S. Federal Way
 - o MEAL 5:30 – 6:30 PM.

FREE SHOWERS/LAUNDRY

- * **FEDERAL WAY DAY CENTER** - 33505 13th Pl. S., ste D, Federal Way
 - o 10:00 AM – 3:00 PM

TUESDAY

FREE MEALS/SHOWERS

- * **NEW HOPE CHRISTIAN FELLOWSHIP** – 31411 6th Ave. S., Federal Way
 - o SHOWERS – 10:00 AM; MEAL – 11:00 AM
 - o COMPUTER/PHONE ACCESS, COUNSELING AND MORE <http://nh-cf.org/>

FREE URGENT MEDICAL CARE FOR THE UNINSURED

- * **CHRIST COMMUNITY FREE CLINIC** - 1 'A' St. NW, Auburn (253) 736-2634
SIGN IN BEGINS AT 5:00 PM

FREE SHOWERS/LAUNDRY

- * **FEDERAL WAY DAY CENTER** - 33505 13th Pl. S., ste D, Federal Way
 - o 10:00 AM – 3:00 PM for adults 4:00 PM – 7:00 PM for families with children

FREE MEAL

- * **CALVARY LUTHERAN CHURCH** – 2415 S. 320th St. Federal Way,
 - o LUNCH BAGS 11:00 AM -1:00 PM
- * **DES MOINES UNITED METHODIST CHURCH** – 22225 9th Ave So, Des Moines
 - o THIRD TUESDAY OF EACH MONTH - 5:00 – 6:00 PM
- * **COMMUNITY ENGAGEMENT CENTER – CCS KENT FAMILY CENTER**
1229 West Smith Street, Kent
 - o MEAL 1:00 PM to 4:00 PM

WEDNESDAY

FREE MEALS

- * **SEVENTH DAY ADVENTIST** - 25213 116th St. SE Kent (253) 852-3883
 - o MEAL 4:30 – 5:30 PM e-mail: kentsda@comcast.com
- * **CALVARY LUTHERAN CHURCH** – 2415 S. 320th St. Federal Way
 - o LUNCH BAGS 11:00 AM - 1:00 PM
- * **CHURCH OF CHRIST** - 30012 Military Rd. S., Federal Way (253) 839-2755
 - o MEAL 11:30 AM – 12:30 PM

FREE MEALS/LAUNDRY

- * **NEW HOPE CHRISTIAN FELLOWSHIP** – 31411 6th Ave. S., Federal Way
 - o LITELAUNDRY 9:00 AM - MEAL – 11:00 AM
 - o COMPUTER/PHONE ACCESS, COUNSELING AND MORE – <http://nh-cf.org>

FREE MEALS/SHOWERS

- * **TRINITY CHURCH** - 3807 Reith Rd. (253) 852-1044
 - o SHOWERS START AT 3:00-4:40 PM ONLY 10 ALLOWED
(first come, first served)
 - o HOT DINNER – 5:30- 6:30 PM

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WEDNESDAY

FREE MEALS/SHOWERS

- * **FEDERAL WAY DAY CENTER** - 33505 13th Pl. S., ste D, Federal Way
o 10:00 AM – 3:00 PM for adults

FOOD BANK

- * **MESSIAH LUTHERAN CHURCH** - 410 H Street, NE, Auburn, Open 9:00 AM

THURSDAY

FREE MEALS

- * **CALVARY LUTHERAN CHURCH** – 2415 S. 320th St. Federal Way
o LUNCH BAGS 11:00 AM - 1:00 PM
- * **CALVARY LUTHERAN CHURCH** – 2415 S. 320th St. Federal Way
o MEAL - 5:00 - 6:00 PM
- * **WILLOWS PLACE at KENT LUTHERAN CHURCH** 336 2nd Ave S. Kent (253) 852-2057
o- SOUP - 4:20 PM – DINNER 5:00 PM
- * **COMMUNITY ENGAGEMENT CENTER –CCS KENT FAMILY CENTER –**
1229 West Smith Street, Kent
o MEAL 1:00 PM to 4:00 PM

FREE SHOWERS/LAUNDRY • **FEDERAL WAY DAY CENTER** – 33505 13th Pl. S. ste D.,
Federal Way 10:00 AM – 3:00 PM for adults 4:00 PM – 7:00 PM for families with children

FRIDAY

FREE MEALS

- * **CHRIST THE KING BIBLE FELLOWSHIP** -35448 11th Ave SW, Federal Way (253) 835-9209
o MEAL - Doors open at 5:30 PM; Meal served at 6:00 PM <http://www.ckbf.org>
- * **ZION LUTHERAN CHURCH** - 1305 17th St. SW, Auburn (253) 833-5940
o DINNER 5:00 – 6:00 PM.

FREE MEALS/SHOWERS

- * **FEDERAL WAY DAY CENTER** - 33505 13th Pl. S., ste D, Federal Way
o 10:00 AM – 3:00 PM for adults

SATURDAY

FREE MEALS

- * **SEVENTH DAY ADVENTIST** - 25213 116th St. SE Kent (253) 852-3883
o MEAL 4:30 – 5:30 PM

COMMUNITY MEAL

- * **CHURCH OF THE GOOD SHEPHERD & ST. VINCENT DePAUL**
345 South 312th St. (253) 839-6100 - Small Clothing Bank
o MEAL 1:30 – 2:30 PM

FREE URGENT MEDICAL CARE FOR THE UNINSURED

- * **CHRIST COMMUNITY FREE CLINIC** - 1 'A' St. NW, Auburn (253) 736-2634
o FIRST & THIRD SATURDAYS: -- SIGN IN: BEGINS AT 8:00 AM
o TUESDAYS -- SIGN IN: BEGINS AT 5:00 PM
o DENTAL CARE – *Call for current schedule*
- * **CORNERSTONE MEDICAL SERVICES** -1014 S. 320th St. Ste C Federal Way. (253) 200-1988
o FIRST & THIRD SATURDAYS: 9:00 AM- 1:00 PM

SUNDAY

FREE MEALS

- * **MESSIAH LUTHERAN CHURCH** - 410 H St. NE, Auburn (253) 833-5280
o MEAL: 1:00 – 2:00 PM- **EXCEPT 2nd SUNDAY OF THE MONTH: 2:00 – 3:00 PM**
- * **ONE HOPE FOURSQUARE CHURCH** – NE Corner of S. 272nd & Military Rd. S,
o MEAL Fourth Sunday of Month 4 – 5 PM (253) 243-4688