



P.O. Box 4717
 Auburn, WA 98063
 Giving Hope — Improving Lives

"With a giving attitude, every situation is an opportunity for success." ~ Unknown

Volunteering & Making a Donation

The Federal Way Community Caregiving Network is an all volunteer, non-profit organization with a 501(c)(3) status. All donations are tax deductible, and when you donate, you are doing a great service to those in need in our community.

There is a need for volunteers in the areas of Emergency Services, Community Suppers, SOS (Supper Outreach Services), grant writing and organizing. If you are interested in becoming a volunteer or would like more information about the Federal Way Community Caregiving Network, call Doug Johnson at 253-670-5944.

PLEASE SEND YOUR DONATION TO:
 Federal Way Community Caregiving Network
 P.O. Box 4717
 Federal Way, WA 98063
 *Our Tax ID number is 94-3105476

Help us go GREEN! Receive our newsletter by email. Send your email address to:
 jsdovey@windermere.com.

FEDERAL WAY COMMUNITY CAREGIVING NETWORK

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GIVING HOPE — IMPROVING LIVES

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SEPTEMBER 2012



The Caregiving Network's Super Fund-raiser, "Souper" Supper is Coming Up Soon!

"SOUPER SUPPER"
 Thursday, Oct. 25
 5:30 to 8:00pm

**Steel Lake
 Presbyterian Church
 1829 S. 308th St.
 Federal Way**

GET READY TO HAVE A SUPER GOOD TIME!

When there's a nip in the air and autumn leaves are falling, we know that it's time to mark our calendars for The Federal Way Community Caregiving Network's 13th annual fund-raiser, **"SOUPER SUPPER!"** This year's fun-filled bash will be held on **Thursday, October 25th.**

Members of the community will once again gather at Steel Lake Presbyterian Church for this festive fall event — the Caregiving Network's main fund-raiser of the year. Proceeds support our Meals and Emergency Services Programs, assisting low income families who are struggling to stay in their homes and maintain stable family living. In emergency situations, we help with rent, limited motel stays, food, gasoline and bus tickets.



We always have about 12 varieties of soup that are donated by generous area restaurants and grocers — a great way for them to brag about their "signature" soups!

You're welcome to try them all — but leave room for the breads, rolls, beverages and desserts that are also served!

Reserve your ticket(s) early by calling Jackie Blair at (253) 952-6988 or Linda Murphy at (253) 297-1564.

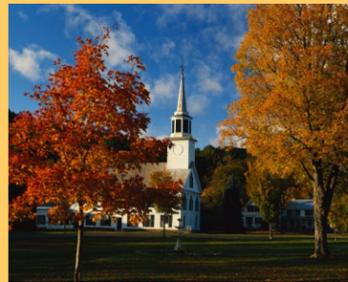
Tickets are \$25 per person at the door — but it's a good idea to purchase them in advance.

Reserve Tickets Now!

Every year, this event sells out. Businesses who sponsor a table for eight for \$250 will receive special recognition on the program and at the event. Sponsors will be recognized in the program and throughout the evening, and are also invited to display their promotional items.

An exciting part of the evening is when 50 great prizes donated by friends of the Network and area businesses are raffled off. There's so much to choose from! Raffle tickets are just \$2.00 each or (3) for \$5.00 — and everyone has a chance to win!





“Thank You” to Our Participating Churches

Community Supper Locations

STEEL LAKE PRESBYTERIAN
1839 S. 308th St.
Mondays 4:30—5:30pm

CALVARY LUTHERAN
2415 S. 320th St.
Thursdays 5:00—6:00pm

GOOD SHEPHERD & ST. VINCENT DE PAUL
Community Meal at
GOOD SHEPHERD EPISCOPAL
345 S. 312th St.
Saturdays 1:30—2:30pm

Emergency Services

Emergency Services provides funds for rental help, limited motel stays, gasoline vouchers, bus tickets and/or a bag of food.

Clients come to our “walk-in” facility at **GOOD SHEPHERD EPISCOPAL** Tuesdays & Fridays 10:00—11:00am

Key Community Supper Volunteers Retire

~ by Jackie Blair, Saturday Community Meal Coordinator

July was a sad month for our Saturday community meal volunteers at Good Shepherd Episcopal Church. Two long-time volunteers offered their resignations.



Pat Thiel

Pat Thiel had been working with the Good Shepherd Saturday Community Meal 4th Week Team, picking up and delivering food stored at St. Vincent De Paul Catholic Church. Pat began helping out with the community meal program in 2004 when the Saturday meal began at Good Shepherd, but now that he’s turned 75, his wife encouraged him to retire from volunteering and rest his back. You will be missed, Pat, and thank you deeply for your many years of service!

And following Pat’s Thiel’s resignation, we received more sad news from another Pat. The cook of the same 4th Week Team, Pat Miller, announced that she would be retiring from this volunteer service effective on her 75th birthday which was this past July. She had been a member of our team since 2008. We will miss you, too, Pat, and wish you many happy times with family and friends. Thank you so much for your years of volunteerism!



Pat Miller

Hmmm.... Is it reaching the age of 75 or the name “Pat”?? I’m just not sure, but we hope that’s it for a while! How great it would be if you’ve decided to help fill the void and want to join us in becoming a community meal volunteer! If so, call me (Jackie Blair) at 253-952-6988. We’d love to have you!!

The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others. ~ DeAnn Hollis

Thanksgiving Day Blessings

As Thanksgiving Day approaches, let’s remember what we truly have to be thankful for. Let’s take a good, hard look around us and realize that while we may not have everything we want, what we want is not always what we need. Let us never forget the true meaning of this great American holiday as we celebrate with friends and family.



“As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.” ~ John Fitzgerald Kennedy

September is HUNGER ACTION MONTH



It Happens

Good Shepherd Community Supper is speaking out about hunger! We need your help to give a voice to the many members of our community who struggle in silence.

In King County, there are many people without enough to eat. A shocking 18% of children in our county do not have access to enough food. But you can help by speaking out. Your voice is powerful and can make a difference in the lives of hungry families, seniors and children struggling with hunger. If we work together, the problem of hunger in our community can be solved.

Good Shepherd Community Supper is calling on you to lend your voice, and here are some ways you can help. Organize a food and fund drive with your co-workers, at your child’s school, or with your church or community group to benefit our community suppers. Speak out to family, friends and co-workers about the issue of hunger in our community. Act by becoming a community supper volunteer and give the gift of your time at one of our participating churches. Feed a hungry person in our community by making a tax deductible donation to support the Federal Way Community Caregiving Network’s community suppers.

Too often we under-estimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.

— Dr. Felice Leonardo Buscaglia

Some Benefits of Being a Volunteer

When you join a group as a volunteer, it benefits the group as well as the community you are in. It can also benefit you personally in many ways. One benefit is that it can teach you a new skill or develop one that you already have. For instance, organizations that are run by volunteers will often ask people to help with something that they are not familiar with if there is a need. Perhaps you are working with a group as a volunteer coordinator because you are organized, but there is a need for someone to work hands-on with destitute families. As a result of filling that need, you become even more aware of the plight many families are facing today. This type of scenario happens in many groups. We all learn and grow by doing many different activities and tasks. Volunteering will help you to connect with your community. You will learn what your community needs are and help to find ways to meet those needs. And, it’s fun to meet new friends in the process — others (like you) who wish to make a difference in people’s lives. One person can make a difference, but when that difference is multiplied, it can be life changing. The Federal Way Community Caregiving Network welcomes you to join us in making Federal Way a better place!

Honoring a Special Volunteer!

We Thank You!



Meet Angel, “Monty” Montemayor. For over five years, Monty has been providing volunteer assistance as an interpreter to many of the Hispanic guests seeking assistance with the Federal Way Community Caregiving Network’s Emergency Services program. Every Tuesday and Friday morning, Monty has helped explain the rental, shelter, gas, food and referral information to Spanish-speaking guests for whom English is a second language.

Monty and his family have also been active members of St. Theresa’s Catholic Church in Federal Way and has been a very helpful participant with the formation and on-going Spanish masses held at St. Theresa. In addition, Monty has been an active member of the St. Vincent De Paul society, visiting countless families in our community providing assistance with basic needs.

Monty was born and raised in Larado, Texas, had a 21-year career in the United States Air Force and then moved to Federal Way in 1973 to begin a career with the Boeing Company. He retired from Boeing in 1995. We are indeed fortunate to have Monty as a volunteer with the FWCCN!! Yes, Monty is a true angel among us!!