

**SOUTH KING COUNTY**  
**CHURCH/COMMUNITY MEALS/SHOWERS/LAUNDRY/MEDICAL**

Revised 4/18/26  
UPDATES: fwccn.org

**MONDAY**

**FEDERAL WAY DAY CENTER**-33505 13<sup>TH</sup> PL. S., SUITE D, FEDERAL WAY (253) 893-7895  
FREE SHOWERS, LAUNDRY – STOPS AT 2:15PM- 2 LOADS PER WEEK,  
CASE MGMT, FOOD AND COOKING AVAILABLE AT SITE

**FREE MEALS**

**FIRST UNITED METHODIST CHURCH** - 100 N. St., AUBURN – (253) 833-3470 HOSTED BY  
AUBURN FOOD BANK – MEAL - 4:30 – 5:00 PM. – Come in and sit a spell, enjoy your meal –  
enjoy a “To Go” sack lunch style at home – and when the sacks run out, we will close the  
doors – please no loitering or lingering on the property before or after meal.

**KENT LUTHERAN CHURCH** - 336 2<sup>nd</sup> Ave S. Kent (253) 852-2057  
HOT MEAL 5:00PM – 6:00 PM.

**CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>th</sup> St. Federal Way  
LUNCH BAGS 11:00AM -1:00PM

**CHRISTIAN FAITH CENTER** - 33645 20<sup>TH</sup> Ave S. Federal Way  
MEAL 5:00PM – 6:00PM - In collaboration with the FEDERAL WAY COMMUNITY  
CAREGIVING NETWORK

**TUESDAY**

**FEDERAL WAY DAY CENTER**-33505 13<sup>TH</sup> PL. S., SUITE D, FEDERAL WAY (253) 893-7895  
FREE SHOWERS, LAUNDRY – STOPS AT 2:15PM- 2 LOADS PER WEEK,  
CASE MGMT, FOOD AND COOKING AVAILABLE AT SITE

**FREE URGENT MEDICAL CARE FOR THE UNINSURED**

**CHRIST COMMUNITY FREE CLINIC** - 1 'A' St. NW, Auburn (253) 736-2634  
BY APPT. – 5:00PM-8:00PM

**FREE MEALS**

**CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>th</sup> St. Federal Way  
LUNCH BAGS 11:00AM-1:00PM

**KENT LUTHERAN CHURCH** - 336 2<sup>ND</sup> AVE. S. KENT (253)852-2057  
SNACK BAGS & HYGIENE ITEMS DURING OFFICE HOURS – TUES-FRI 10:00A.M -2:00PM

**WEDNESDAY**

**FEDERAL WAY DAY CENTER**-33505 13<sup>TH</sup> PL. S., SUITE D, FEDERAL WAY (253) 893-7895  
FREE SHOWERS, LAUNDRY – STOPS AT 2:15PM- 2 LOADS PER WEEK,  
CASE MGMT, FOOD AND COOKING AVAILABLE AT SITE

**FREE MEALS**

**CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>th</sup> St. Federal Way - LUNCH BAGS - 11:00a - 1:00p

**KENT LUTHERAN CHURCH** - 336 2<sup>ND</sup> AVE. S. KENT (253)852-2057  
SNACK BAGS & HYGIENE ITEMS DURING OFFICE HOURS – TUES-FRI 10:00A.M -2:00PM

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**THURSDAY**

**FEDERAL WAY DAY CENTER**-33505 13<sup>TH</sup> PL. S., SUITE D, FEDERAL WAY (253) 893-7895  
FREE SHOWERS, LAUNDRY – STOPS AT 2:15PM- 2 LOADS PER WEEK,  
CASE MGMT, FOOD AND COOKING AVAILABLE AT SITE

**FREE MEALS**

**CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>th</sup> St. Federal Way  
LUNCH BAGS 11:00AM - 1:00PM

**KENT LUTHERAN CHURCH** - 336 2<sup>ND</sup> AVE. S. KENT (253)852-2057  
HOT MEAL 4:00PM – 5:00PM

**SPIRIT FEST** – HOSTED BY AUBURN COMMUNITY FEEDING PROGRAM – 410 “H” ST. NE  
MEAL - 5:00PM – 6:00PM (East of the high school football fields)

**FRIDAY**

**FEDERAL WAY DAY CENTER**-33505 13<sup>TH</sup> PL. S., SUITE D, FEDERAL WAY (253) 893-7895  
FREE SHOWERS, LAUNDRY – STOPS AT 2:15PM- 2 LOADS PER WEEK,  
CASE MGMT, FOOD AND COOKING AVAILABLE AT SITE

**SATURDAY**

**FREE MEALS**

**CHURCH OF THE GOOD SHEPHERD & ST. VINCENT DePAUL COMMUNITY MEAL**

345 South 312<sup>th</sup> St. (253) 839-6100 MEAL – 1:00PM - 2:00 PM In collaboration with  
the FEDERAL WAY COMMUNITY CAREGIVING NETWORK

**SUNDAY**

**FREE MEALS**

COMMUNITY SUPPER – HOSTED BY MESSIAH LUTHERAN CHURCH – 410 “H” St. NE  
MEAL 2:00PM – 2:45PM (East of the high school football fields) Please no loitering or lingering  
on the property before or after meal.

**GENERAL INFORMATION – MULTI-SERVICE CENTER FEDERAL WAY – (253) 838-6810**  
MSC provides help, hope, and change for our community members in need. They offer  
resources in employment, education, housing, and energy assistance. MSC Food Bank  
has relocated to MSC’s Market at Redondo Heights – 27614 Pacific Highway S. effective  
July 8 2025. New clients may sign up for The Market at Redondo Heights by completing an  
online application on their website at <https://mschelps.org/gethelp/food/apprequest/>,  
emailing at redondo.foodbank@mschelps.org, or calling 253-387-1717 (message only)