

**SOUTH KING COUNTY  
CHURCH & COMMUNITY MEALS/SHOWERS/MEDICAL**

Revised 2/3/15 (Updates – Web Site: fwccn.org)

**MONDAY**

**FREE MEALS**

**FIRST UNITED METHODIST CHURCH**–100 N ST. S.E. AUBURN – 253-833-3470  
MEAL 4:30 – 5:30PM

**KENT LUTHERAN CHURCH** – 336 2<sup>ND</sup>AV. S. KENT 253-852-2057 - MEAL 5–6 PM.

**CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>TH</sup> ST. FEDERAL WAY – 11:00A.M – 1:00P.M. –  
LUNCH BAGS

**STEEL LAKE PRESBYTERIAN CHURCH** 1829 S. 308<sup>TH</sup> ST. FEDERAL WAY-MEAL- 4:30 –  
5:30P.M.

**TUESDAY**

**FREE MEALS**

**CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>TH</sup> ST. FEDERAL WAY – 11:00A.M – 1:00P.M. -  
LUNCH BAGS

**SHOWERS/LAUNDRY**

**NEW HOPE CHRISTIAN FELLOWSHIP** – SHOWERS , LIGHT LAUNDRY  
253-269-6585 -31411 6<sup>TH</sup> AVE. S. FEDERAL WAY - 10:00A.M. – 2:00P.M.

**FREE URGENT MEDICAL CARE FOR THE UNINSURED**

**CHRIST COMMUNITY FREE CLINIC** – 1 ‘A’ ST NW, AUBURN, WA 253-736-2634  
SIGN IN BEGINS AT 5:00 P.M.

**WEDNESDAY**

**FREE MEALS**

**SEVENTH DAY ADVENTIST** –25213 116<sup>TH</sup> ST.S.E. KENT-MEAL 4:30–5:30P.M.  
253-852-3883

**CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>TH</sup> ST. FEDERAL WAY –  
11:00A.M – 1:00P.M. – LUNCH BAGS

**TRINITY CHURCH** 3807 REITH RD.,KENT - 253-852-1044 - HOT DINNER 5:30P.M.-6:30P.M.

**(SHOWER BEFORE MEAL – SEE BELOW)**

**NEW HOPE CHRISTIAN FELLOWSHIP** – 31411 6<sup>TH</sup> AVE. S. FEDERAL WAY– HOT MEAL  
11:00A.M -2:00P.M. AND OFFER COMPUTER ACCESS, MENTAL HEALTH, AND ADDICTION  
COUNSELING.

**SHOWERS**

**TRINITY CHURCH** 3807 REITH RD., KENT - 253-852-1044 **SHOWERS –START AT 4:40P.M. –  
ONLY 10 ALLOWED - FIRST COME FIRST SERVED.** SMALL CLOTHING BANK.

**SOUTH KING COUNTY  
CHURCH & COMMUNITY MEALS/SHOWERS/MEDICAL**

Page 2

**THURSDAY**

**FREE MEALS**

**CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>TH</sup> ST. FEDERAL WAY – 11:00A.M – 1:00P.M. – LUNCH BAGS

**CALVARY LUTHERAN CHURCH** – 2415 S. 320<sup>TH</sup> ST. FEDERAL WAY – MEAL - 5:00 – 6:00P.M.

**FRIDAY**

**FREE MEALS**

**CHRIST THE KING BIBLE FELLOWSHIP** – 35448 11<sup>th</sup> Ave. S. W. FEDERAL WAY – MEAL - 5:30P.M. – 7:00 P.M.

**ZION LUTHERAN CHURCH** – 1305 17th St SE, Auburn – MEAL 5:00P.M.-6:00P.M.

**SATURDAY**

**FREE MEALS**

**SEVENTH DAY ADVENTIST** –25213 116<sup>TH</sup> ST.S.E. KENT-MEAL 4:30–5:30P.M.  
253-852-3883

**CHURCH OF THE GOOD SHEPHERD & ST VINCENT DePAUL COMMUNITY**  
**MEAL** – 345 SO. 312<sup>TH</sup> FEDERAL WAY 1:30 – 2:30P.M

**FREE URGENT MEDICAL CARE FOR THE UNINSURED**

**CHRIST COMMUNITY FREE CLINIC – 1 ‘A’ ST NW, AUBURN, WA 253-736-2634**  
**1<sup>ST</sup> AND 3<sup>RD</sup> SATURDAYS – SIGN-IN BEGINS AT 8:00A.M.**

**CORNERSTONE MEDICAL SERVICES:** NORTHMARK BUILDING, 200 S. 333<sup>RD</sup> ST.  
FEDERAL WAY. FIRST AND THIRD SATURDAYS: 9:00A.M. – 1:00 P.M.

**SUNDAY**

**FREE MEALS**

**MESSIAH LUTHERAN CHURCH** - 410 H ST. NE, AUBURN - 1:00 P.M. - 2:00 ; EXCEPT 2<sup>ND</sup>  
SUNDAY OF THE MONTH: 2:00 P.M. – 3:00 P.M.